



African Voices on Health, Vulnerability and Empowerment based on lived Experience

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Who we are

In EMPOW Berlin is a group...

- with diverse professional backgrounds
- consisting of people from Germany and various African countries
- speaking more than ten different languages

Aims

- Theorizing **refugee health, vulnerability** and **empowerment** using knowledge and lived experience of African migrants and refugees

How we work

- Several group discussions (online and offline)
- Three focus group discussions
- Reflections of lived experience
- Lifetime experiences of (forced) migration



Theorizing concepts in EMPOW Berlin

- Health
- Vulnerability
- Empowerment

Recommendations

- Anti-discriminatory equal rights for all refugees
- Anti-black African Awareness
- Strong Independent African support groups – basic human rights and EU/UN treaties
- African voices must be an integral part of policy and decision making both socially and politically
- African diversity must be recognised most especially in the administration of health care.
- Open, free and unconditional access to health and social facilities for all migrants including Africans.
- Access to research funding for African scientist

EMPOW Berlin Team

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